

# Hi, We're SparkCures

We help **myeloma patients** find, **understand** and connect with eligible **clinical trials**.

Clinical trials play an important role in the development of newer and better therapies for myeloma patients. We know how confusing it can be to understand your clinical trial options. We've created this handout to help you start the conversation with your myeloma doctor.



## TREATMENT QUESTIONS

1. What are my standard of care options?
2. What are my clinical trial options?
3. What are the factors to consider when deciding if a clinical trial may be right for me?
4. If I am not eligible for a trial, can you help me understand why? Could I be eligible in the future if my labs change or if I receive another treatment?
5. Can you still be my myeloma specialist if I participate in a clinical trial at another center?



## TRIAL QUESTIONS

1. What is the purpose of this clinical trial?
2. What do researchers know about this investigational treatment?
3. Why are you recommending this specific clinical trial?
4. Could participating in this clinical trial make me ineligible for future trials?
5. How often will I need to visit the treatment center for this trial?
6. How long will I be at the center during each visit?



## FINANCIAL QUESTIONS

1. Will I have to pay for anything if I participate in this trial (such as medical tests or treatments)? If so, what are these costs likely to be?
2. What will my health insurance company cover? What if I don't have health insurance?
3. Who should I speak with from my insurance company or from the clinical trial team regarding financial questions?
4. Is there financial assistance available to help pay for this clinical trial?
5. Is there financial assistance for travel/lodging?



## SMOLDERING MYELOMA QUESTIONS

1. Could this clinical trial limit my options if I progress to active multiple myeloma?
2. Does this trial allow for maintenance therapy?



# CREATE YOUR FREE PROFILE

In order to help find potentially eligible clinical trials, we first need to understand more about your treatment history and lab values. Take this document in to your next doctors appointment to get the most up-to-date information on your treatments and labs. Using this information, you can create a free account at [SparkCures.com/start](https://SparkCures.com/start). Every day, we run a new search across all clinical trials around the United States and send you alerts and updates on trials that you may be eligible to participate in.

## TREATMENT QUESTIONS

How many prior lines of therapy have you had? \_\_\_\_\_

Have you received any of the following treatments?

TREATMENTS	
bortezomib (Velcade)	<input type="checkbox"/> Yes <input type="checkbox"/> No
carfilzomib (Kyprolis)	<input type="checkbox"/> Yes <input type="checkbox"/> No
ixazomib (Ninlaro)	<input type="checkbox"/> Yes <input type="checkbox"/> No
lenalidomide (Revlimid)	<input type="checkbox"/> Yes <input type="checkbox"/> No
pomalidomide (Pomalyst)	<input type="checkbox"/> Yes <input type="checkbox"/> No
thalidomide (Thalomid)	<input type="checkbox"/> Yes <input type="checkbox"/> No
panobinostat (Farydak)	<input type="checkbox"/> Yes <input type="checkbox"/> No
daratumumab (Darzalex)	<input type="checkbox"/> Yes <input type="checkbox"/> No
elotuzumab (Empliciti)	<input type="checkbox"/> Yes <input type="checkbox"/> No
Chemotherapy	<input type="checkbox"/> Yes <input type="checkbox"/> No
Radiation	<input type="checkbox"/> Yes <input type="checkbox"/> No

PRIOR TRANSPLANT	MOST RECENT DATE
Autologous Transplant	<input type="checkbox"/> Yes <input type="checkbox"/> No
Allogeneic Transplant	<input type="checkbox"/> Yes <input type="checkbox"/> No

Have you ever participated in a clinical trial?  Yes  No

CLINICAL TRIALS	
B-Cell Maturation Antigen (BCMA) Targeted Therapy	<input type="checkbox"/> Yes <input type="checkbox"/> No
CAR T Cell Therapy	<input type="checkbox"/> Yes <input type="checkbox"/> No
CD-38 Targeted Therapy	<input type="checkbox"/> Yes <input type="checkbox"/> No
Selinexor	<input type="checkbox"/> Yes <input type="checkbox"/> No
Venetoclax	<input type="checkbox"/> Yes <input type="checkbox"/> No

## MYELOMA LAB VALUES

Your doctors may track your myeloma through one or more of the following lab values.

### M PROTEIN (M-SPIKE)

	VALUE	DATE
> Serum M Protein	_____ g/dL	_____
> Urine M Protein	_____ mg/24 hours _____ g/24 hours	_____

### SERUM FREE LIGHT CHAINS

> Kappa	_____ mg/L	_____
> Lambda	_____ mg/dL	_____
> Ratio	_____	_____

### BONE MARROW PLASMA CELLS

> Bone Marrow Plasma Cells (BMPC)	_____ %	_____
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### MEASURABLE PLASMACYTOMA

> Do you have a measurable plasmacytoma?  Yes  No

### ADDITIONAL LAB VALUES

> Creatinine (Serum)	_____ mg/dL	_____
> Absolute Neutrophil Count (ANC)	_____	_____
> Platelets	_____	_____